

Review of My Own Sex Conduct

COLUMN 1	COLUMN 2	COLUMN 3	COLUMN 4	COLUMN 5
Who Did I Hurt?	What Did I Do?:	<p>Affects My:</p> <p>Which part of self caused me to do what I did? Was it caused by :</p> <p><i>self-esteem,</i> <i>pride,</i> <i>emotional security,</i> <i>financial security,</i> <i>physical security,</i> <i>ambitions or</i> <i>personal relations?</i></p> <p style="text-align: center;">-----</p> <p><i>Self-esteem</i> = How I feel about me</p> <p><i>Pride</i> = How I think the world feels about me</p> <p><i>Emotional Security</i> = General sense of well-being</p> <p><i>Ambitions</i> = My ability to do or accomplish things</p>	<p>What Feelings Did I Create In Others?</p> <p>Did I unjustifiably arouse:</p> <p><i>jealously,</i> <i>suspicion ,</i> <i>anger,</i> <i>fear or</i> <i>bitterness?</i></p> <p>What should I have done instead? (Remember, we're trying to shape a new attitude towards future "sexual decisions" pg.69:2)</p> <p>Other suggestions:</p> <p><i>Insecurity</i> <i>Confusion</i> <i>Frustration</i> <i>Sadness</i> <i>Embarrassment</i> <i>Hurt</i></p>	<p>Where Had I Been:</p> <ul style="list-style-type: none"> - <i>Frightened</i> - <i>Inconsiderate</i> - <i>Irresponsible</i> - <i>Dishonest</i> - <i>Selfish</i> - <i>Self-Seeking</i> - <i>Judgemental</i> <p>Which of the above character defects caused me to do what I did to harm another?</p> <p style="text-align: center;">-----</p> <p><i>Self-seeking</i> = Attempting to advance oneself at another's expense</p>

CRITEREA:

*"We subjected each relation to this test - was it selfish or not?" (p. 69:2)
Was it for reasons other than reproduction or mutual pleasure?"*